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HAPPYtown Gazette

we make smiles here

THANKFULtown

Thank you for your incredible support! Your kindness means the

world to us.

We're excited to highlight Tiffany Smith, a dedicated Social Worker and Pediatric Bereavement Counselor at Community Hospice in upstate New York. Tiffany helps youth and families cope with loss through free individual and group grief counseling, both in the office and at local schools, as well as family support groups.

Tiffany works with those who have faced traumatic losses offering a caring weekend camp for grieving youth and day camps for families.



Tiffany uses our Hullabaloos – Feelings Flash Cards, which is a set of colorful cards with animal images that help youth express their feelings in a fun and relatable way. These cards have proven effective for children from ages three to eighteen.

We're grateful for the chance to support our community, all thanks to your ongoing friendship and support.

Thank you for being part of our journey!



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Hullabaloos - Feelings Flash Cards

Here is what Tiffany is saying about Hullabaloos - Feelings Flash Cards:

"I love these cards so much. These cards are the supply that I use the most. Everyone loves them; they are non-threatening, not scary, make it fun to talk about feelings, and allow for so many different types of conversations to happen."

"I love that these cards are animals! I work with a very diverse population and it's nice to have supplies that are not specific to any specific gender, race, ethnicity, etc. They are also so bright and colorful and fun which makes them easy to use and appealing for all. Everyone can relate to the animals and I find it easier for the youth and teens to identify how they are feeling with these cards because there is a degree of separation. We talk about how the animals are feeling on each card instead of how the youth and teens are feeling."



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Aww, Tiffany. We are so glad we can provide tools to help support the important work you do.

These cards were created in collaboration with Stacy Johnson, a Kansas play therapist.

To learn more about the <u>Hullabaloos - Feelings Flash Cards, visit the HAPPYtown website!</u>

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Where is HAPPY today?

Where Is HAPPY Today?

In HAPPYtown Command Central, of course!

Because of YOU- you make US happy.

Thank you for a great year, Friends!



Love,
Mayor Stacey, City Manager Brent and
Alyssa, Social Media & Communications Specialist